



SAVE RESOURCES AND REDUCE CONSUMPTION

At Arcola Theatre we recycle our paper, cans, plastic and bottles, and we make sure that the products we sell have recyclable packaging. We also collect compostable waste like tea bags to make organic compost. So if you are interested in getting some for your garden or back yard, do not hesitate to contact us!! To minimise paper consumption we have adopted "Bluetooth" technology in our bar to advertise our programmes and events. We were also the first ones in the UK that have set up an eco-friendly powered play with ecological set design as well.

Now it's your turn to help preserve the Earth's limited resources!

- Recycle!! Cans, paper, glass, plastic, and even before that, find out how you can reduce your consumption, and reuse items. Avoid buying products with loads of packaging; reuse shopping bags or use recyclable ones; reuse scrap paper for your notes and, whenever possible, reuse plastic bottles. Here there are some tips on recycling and on how to reduce consumptions and reuse items:

www.reducerubbish.govt.nz/recycle/tips.html
www.recycling-guide.org.uk/

Hackney Council provides several recycling services for households and businesses. Take a look at its web site www.hackney.gov.uk/ew-recycling-general-information-851.

- If you bring food from home, use plastic containers! Avoid unnecessary, disposable wrapping that will end up in the bin!
- Buy recyclable and/or biodegradable products. Take a look at the packaging: they should show one of the following symbols:



Möbius Loop




Tidyman



Recyclable aluminium



- Mind the Green Dot . This indicates that some European countries have paid for the recovery of packaging material, but it does NOT mean that the product is necessarily recyclable!

- Take shorter showers. The average Briton uses around 80L of water per shower! Try to use less water more efficiently. Our increasing water consumption is putting a strain on our water resources. Check that there are no leakages in your pipes and ensure the taps close tightly. Metering your water supply is a simple way to watch your consumption, cut your usage, and save you money!